

BREAKFAST



EARLY RISERS

P&F Bloody Mary vodka & our classic house recipe	9.5
Bloody Bull garlic & rosemary infused vodka, tomato, beef stock	9.5
Buck's Fizz Prosecco & freshly squeezed orange juice	8.5

HEALTHY

Quinoa bowl (vg) peach, pomegranate & toasted coconut	5
House granola (v) Greek yoghurt & berries	6
Fresh fruit salad (vg) toasted coconut	6
Bircher muesli (v) banana, blueberries & toasted seeds	6
Granary or whole grain toast (v) selection of jams & butter	5
Smoked salmon rye bread, cream cheese & avocado	7.5
Flourless waffles (v) honey, citrus yoghurt, berries & toasted almond	8

FULL ENGLISH

Full English poached eggs, Cumberland sausage, streaky bacon, black pudding, hash brown, field mushrooms, tomato & baked beans	14
Full Veggie (v) poached eggs, veggie sausage, field mushrooms, tomato, baked beans, pea & courgette hash	13.5

FREE RANGE EGGS

ST. EWE, CORNWALL

English ham Benedict	11
Smoked salmon Royale	12
Spinach Florentine (v)	10
Devon crab Benedict lime Hollandaise & chilli	15
Crushed avocado on toasted granary (v) poached eggs, chives & chilli	10.5
Crushed minted peas & feta on toasted granary (v) poached eggs	10
Roast ham & Applewood Cheddar toasty Bloody Mary ketchup & fried eggs	10
Chorizo & cherry tomato baked eggs crushed avocado, croutons & herbs	9
2 eggs any style on toasted granary (v)	7.5

SIDES

Baked beans (vg)	3
Crushed avocado (vg)	3
Roasted field mushrooms (v)	3
Herb roasted beef tomatoes (v)	3
Streaky bacon	4
Smoked salmon	4
Cumberland sausages	4
Black pudding	4
Toasted granary (v)	3

FRESHLY SQUEEZED JUICES

Orange	4.5
Apple, pear & pineapple	4.5
Pear, cucumber, celery & spinach	4.5
Carrot, apple & ginger	4.5

HOUSE SMOOTHIES

Green Dream	5
pineapple, avocado, spinach, honey & coconut water	
Tropical Breeze	5
Mango, banana, passion fruit, peach & coconut water	
Purple Rain	5
banana, blackberries, pear & coconut water	

TEA

CANTON TEA

English Breakfast	3
Earl Grey	3
Green	3
Jasmine	3
Chamomile	3
Peppermint	3
Fresh mint	3

COFFEE

READS COFFEE

Espresso (single & double)	3
Americano	3.5
Cappuccino	3.5
Latte	3.5
Irish coffee	6
Skimmed / Semi-skimmed / Soy / Oat	